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Increased exposure to pesticides and colon cancer: Early evidence in Brazil

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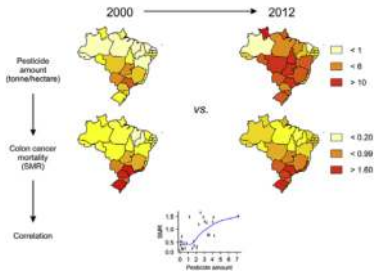
HIGHLIGHTS

- Human exposure to xenobiotics occurs worldwide, largely.
- Pesticides may promote cancer risk.
- Brazil is the world major pesticides consumer.
- Colon cancer (CC) mortality is steadily increasing in Brazil.
- We found CC mortality and pesticide levels may be correlated events in Brazil.

GRAPHICAL ABSTRACT



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ABSTRACT

Environmental factors may increase colon cancer (CC) risk. It has been suggested that pesticides could play a significant role in the etiology of this malignancy. As agriculture is one of the mainstays of the Brazilian economy, this country has become the largest pesticides consumer worldwide. The CC burden is also increasing in Brazil. Herein, we examined data from the Brazilian Federal Government to determine whether CC mortality and pesticide consumption may be associated. Database of the Ministry of Health provided CC mortality data in Brazil, while pesticide usage was accessed at the website of Brazilian Institute of Environment and Renewable Natural Resources. The CC mortality in the Brazilian states was calculated as standard mortality rates (SMR). All Bayesian analysis was performed using a Markov chain Monte Carlo method in WinBUGS software. We observed that CC mortality has exhibited a steady increase for more than a decade, which correlated with the amount of sold pesticides in the country. Both observations are concentrated in the Southern and the Southeast regions of Brazil. Although ecological studies like ours have methodological limitations, the current dataset suggests the possibility that pesticide exposure may be a risk factor for CC. It warrants further investigation.

1. Introduction

Colon cancer (CC) has afflicted humans for millennia. Chronic exposure to certain environmental factors appears to be the key to

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better understanding the etiology of this malignancy (David and Zimmerman, 2010). Over-nutrition and sedentary lifestyle may also be responsible for up to 75% of cancers today (Nebert and Dalton, 2006; David and Zimmerman, 2010). Notably, CC is one of the leading cause of cancer-related deaths (Torre et al., 2015). By 2030, developing countries are expected to exhibit a sharp increase in CC cases (Arnold et al., 2016). Also, it should be pointed out that recent epidemiological trends highlight that the CC burden is shifting towards a younger population (de Magalhaes, 2013; Siegel et al., 2014).

Cancer risk, including CC, appears to be profoundly influenced by environmental factors (Wu et al., 2016). Thus, CC etiology is complex, meaning that a multiple of environmental factors may cause this disease. One of many hazardous and carcinogenic factors promoting malignancies, pesticides have been suggested by the International Agency for Research on Cancer (IARC) to increase cancer risk in humans (Guyton et al., 2015, 2016). Extensive epidemiological studies support the idea that pesticides are a risk factor for solid tumors (Parron et al., 2014). There has also been some evidence that pesticides promote CC in both humans and rodents (Soliman et al., 1997; Tellez-Banuelos et al., 2016; Hong et al., 2017). It seems feasible that pesticides contaminate human food sources (Nagao and Sugimura, 1993; Lodovici et al., 1997; Sakita et al., 2017), a fact that may be related to increased cancer risk (Arrebola et al., 2015). Another underlying point to study the relationship between pesticides and cancer must be considered: disease incidence is increasing dramatically (Lodovici et al., 1997; Soliman et al., 1997; Agudo et al., 2009; Andreotti et al., 2010; Boccolini Pde et al., 2013; Parron et al., 2014; Arrebola et al., 2015; Carnero et al., 2015; Coggon et al., 2015; Guyton et al., 2015, 2016; Tellez-Banuelos et al., 2016; Hong et al., 2017).

Furthermore, the lack of epidemiological and experimental data that accurately correlate CC incidence with detection of individual cancer initiators impairs our current ability to determine the impact of environmental factors on CC development in humans (Tomasetti and Vogelstein, 2015). For instance, various environmental pollutants were reported to induce DNA damage and adducts, but the precise evolution of such genomic damages into mutations that promote CC remains unknown (Tomasetti and Vogelstein, 2015; Poirier, 2016). Then, it should be considered that instead of those DNA-damaging effects induced by initiators, endogenous and exogenous cancer promoters are classically determined to direct mutated cells towards clonal expansion, enabling them to collect further genomic changes by either high proliferative activity or new carcinogenic hits (Irigaray and Belpomme, 2010). Rather than binding to DNA, a cancer promoter usually activates transcriptional and epigenetic mechanisms that induce proliferation but inhibit apoptosis (Irigaray and Belpomme, 2010; Engstrom et al., 2015). Such mechanistic activity has for a long time been known to induce proliferation intrinsic errors leading to mutations and the development of CC (Ames and Gold, 1990; Bartkova et al., 2005; Gorgoulis et al., 2005). Interestingly, pesticides may act either as carcinogens or cancer promoters (Agudo et al., 2009; Andreotti et al., 2010; Arrebola et al., 2015; Carnero et al., 2015; Coggon et al., 2015). Of note is the fact that Brazil has been the most significant consumer of pesticides worldwide for years (Boccolini Pde et al., 2013). Recently, we have hypothesized that pesticides could impact on CC risk (Uyemura et al., 2017).

Herein, we propose an association between increased CC mortality and pesticide consumption in Brazil. This could suggest that pesticides alter the risk of CC in a human population.

2. Materials and methods

2.1. Collection of public data

CC mortality (http://www2.datasus.gov.br/DATASUS/index.php?area=0205) was collected from the database of the Ministry of Health. The quantity of pesticides (tonnes) sold within the country was downloaded from the website of the Brazilian Institute of Environment and Renewable Natural Resources (http://dados.contraosagrotoxicos.org/pt_PT/dataset/comercializacao-ibama-2014; http://www.ibge.gov.br/). Complementary data on pesticides and farmed land area for each Brazilian state (Km^2) were collected from the Brazilian Institute of Geography and Statistics (http://www.ibge.gov.br/).

2.2. Statistical analyses

The CC mortality in the Brazilian states was calculated as standard mortality rates (SMR). Further information on SMR can be found in a previous report authored by Ulm (1990). We determined SMR to be the ratio of observed mortality to expected mortality adjusted for age and gender group. An SMR value > 1 indicates excessive mortality. Expected numbers of death were calculated using age and gender-specific mortality rates for the Brazilian general population (assumed to be the standard population). Within this approach, w(s,t,f) was the death rate for the Brazilian population at the year t (t = 1 if 2000, t = 2 if 2001, and so on) considering gender s (s = 1 if women and s = 2 if man) and age group f (f = 1 if < 50 y old, f = 2 if 50 to 59 y, f = 3 if 60 to 69 y, f = 4 if 70 to 79 y and f = 5 if ≥ 80 y). The expected number of deaths for each Brazilian state p (p = 1, …, 27) in the year (t) according to the gender (s) is given by:

$$E(p,s,t) = \sum_{f=1}^{5} w(s,t,f) \times m(p,s,t,f),$$

where m(p,s,t,f) is the number of inhabitants of the state (p) with gender (s) at the year (t) and group age (f). The SMR is thus given by:

$$SMR(p,s,t) = \frac{Y(p,s,t)}{E(p,s,t)},$$

where $Y(p,s,t)$ is corresponding observed mortality. Spatio-temporally smoothed SMR values were obtained from a Bayesian model based on the Poisson distribution. This statistical model is given by:

$$Y(p,s,t) \mid \mu(p,s,t),\ E(p,s,t) \sim Poisson\,[E(p,s,t) \times \mu(p,s,t)],$$

where $\mu(p,s,t) = \exp[\alpha_0 + \alpha_{sp} + \omega(p,s,t)]$ is the parameter that describes the SMR, α_0 is an intercept, α_{sp} are bivariate random effects that capture spatial dependence in the data ($s = 1,2$, $p = 1, \ldots,27$) and $\omega(p,s,t)$ models the longitudinal trend of annual mortality rate for the federation unit p and gender s, considering a multivariate Gaussian process with a mean vector 5×1 with all components equal to zero and a given covariance function. In the Bayesian analysis, it was assumed that α_{sp} follows a conditionally bivariate autoregressive (CAR) structure and α_0 follows a non-informative normal distribution with mean zero and a large variance.

Then, we verified the association between the HDI of each Brazilian state and the corresponding SMR, for which a Bayesian model was fitted to the data. Thus, $\mu(p,s,t)$ was replaced by:

$$\mu(p,s,t) = \exp\left[\alpha_0 + \alpha_{sp} + \beta_{st}x(p)\right],$$

where $x(p)$ is the amount of sold pesticide (measured in tonnes) recorded in each Brazilian state (p) at the year 2000, divided by its respective total cultivated area in hectares (including permanent and temporary crops) and multiplied by 1,000, and β_{st} is the corresponding effect. Credible intervals for β_{st} that do not include zero indicates a significant correlation between the amount of sold pesticide and the mortality rate. Credible intervals are the Bayesian analogues to the traditional 95% confidence intervals. In all Bayesian analysis, the posterior distributions were simulated using a Markov chain Monte Carlo (MCMC) method in WinBUGS software.

3. Results

CC has not only been suggested to be one of the commonest malignancy types in Western countries (Torre et al., 2015) but also that its incidence and mortality may increase throughout the next decade in developing countries (Arnold et al., 2016). This notion inspired us to apply the Bayesian model to calculate SMR values for CC mortality in the Brazilian population. Heatmaps revealed that mortality by CC mainly occurred in the Southern Brazilian states (Figs. 1 and 2).

Environmental factors are well-known able of increasing cancer risk (Wu et al., 2016). In addition, the IARC has suggested that pesticide exposure can promote human risk of developing different types of cancer (Guyton et al., 2015, 2016). In developing countries, some research groups report that pesticides may increase cancer incidence (Soliman et al., 1997; Fonnum and Mariussen, 2009; Yi, 2013; Arrebola et al., 2015). Herein, we analyzed the quantity of pesticide sold in Brazil. We should note that these records were reported by the Federal Government in tonnes for each state, and are the most accurate dataset available to the public. To provide a better perspective of pesticide distribution in each Federal unit, we rated pesticide values by the total cultivated area that was officially reported for each of those Brazilian states. We observed a dramatic increase in pesticide usage from 2000 to 2012 within the country, mainly in the Southern, Southeast and Central-West regions of Brazil (Fig. 3).

Next, we examined whether both events were correlated in the Brazilian population. We found an increase in SMR values correlating with the amount of pesticide sold by 2000 in Brazil (Figs. 4 and 5). Smoothed curves fitted by LOESS (locally weighted scatterplot smoothing) were added on each graph. Moreover, it shows 95% credible intervals for the effects (β_{st}) of the amount of sold pesticide on the SMR values for each year (t) and gender (s),

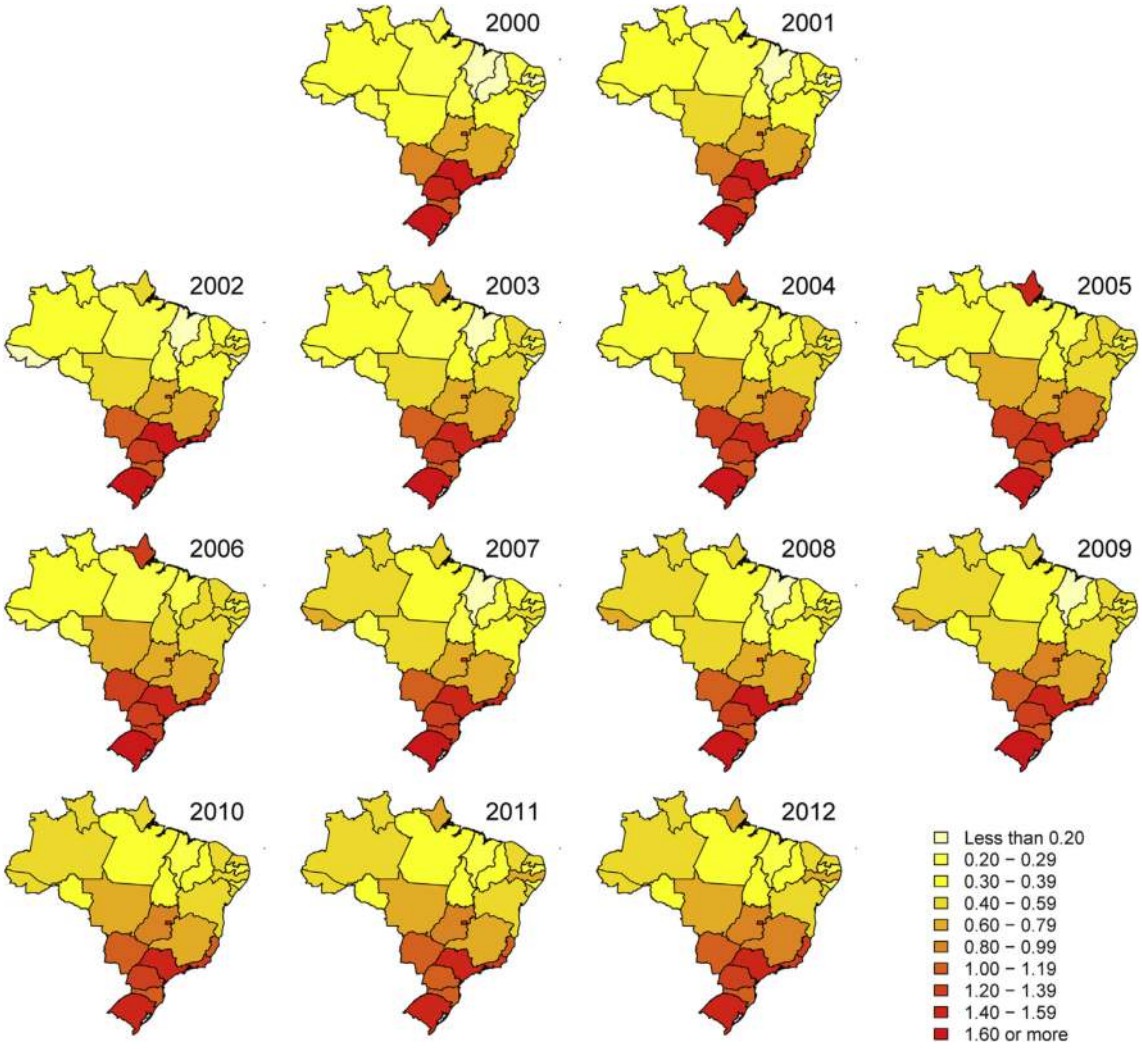

Fig. 1. Smoothed standard mortality rates for CC in the Brazilian male population in each state of the country, as calculated by the Bayesian model.

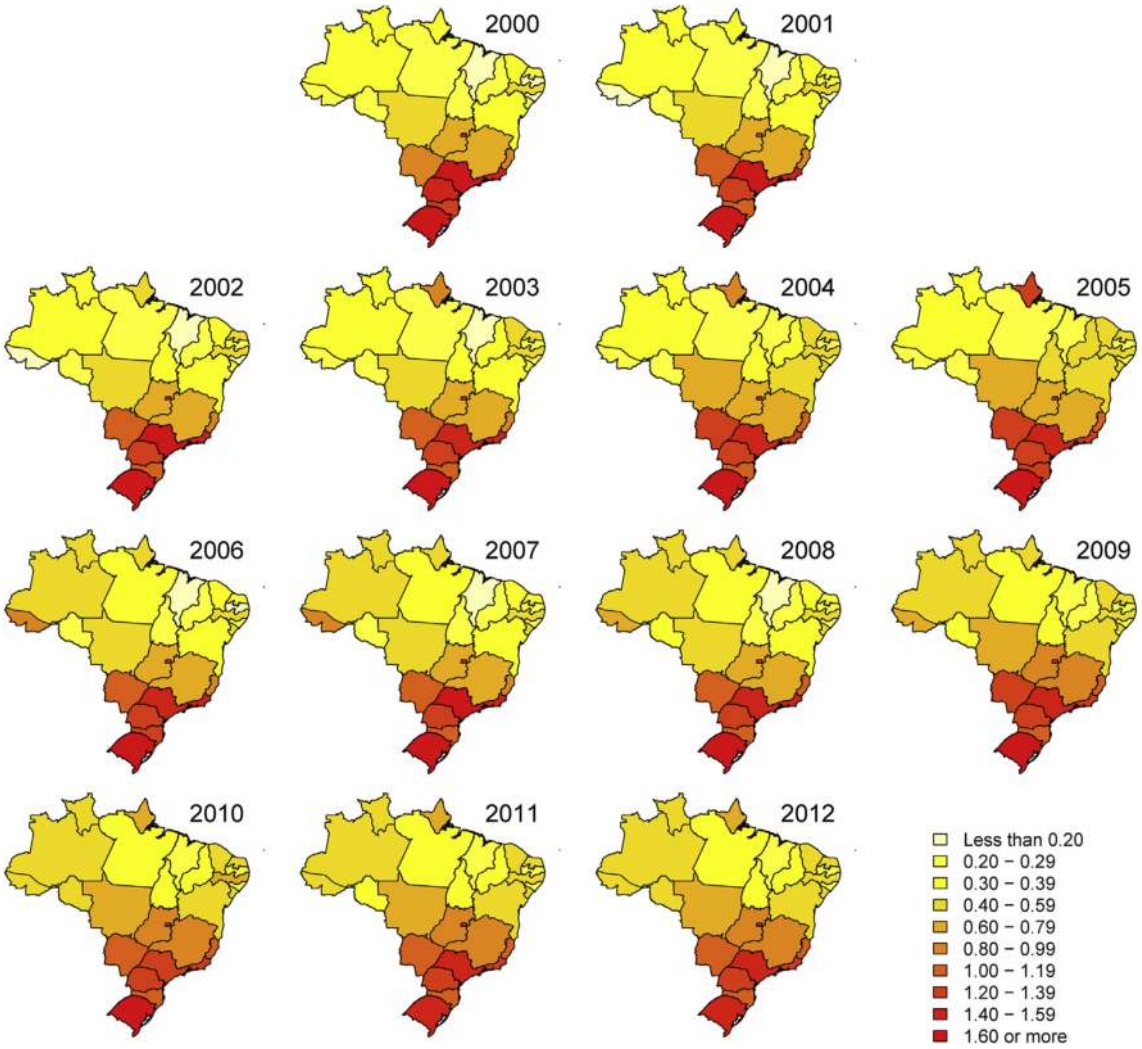

Fig. 2. Smoothed standard mortality rates for CC in the Brazilian female population in each state of the country, as calculated by the Bayesian model.

obtained from the Bayesian spatiotemporal regression models. From 2000 to 2007, the credible intervals do not contain zero, thus suggesting a significant effect of the amount of sold pesticide recorded in each Brazilian state on their corresponding SMR for CC (Fig. 6).

4. Discussion

We should initially consider that some environmental chemicals damage the DNA, whereas other promote the expansion of mutated cells during the development of CC (Lawrence et al., 2013; Tomasetti and Vogelstein, 2015; Poirier, 2016), meaning that we can no longer hypothesize that only DNA-damaging compounds impact on cancer risk in humans. Indeed, it seems that the mutation rate intrinsic to mitosis might be sufficient in invoking oncogenic changes in the rapidly dividing colonic epithelial cell population (Bartkova et al., 2005; Gorgoulis et al., 2005). This was initially observed in classical experiments of rodents exposed to cancer promoters (Ames and Gold, 1990). Persistent epithelial self-renewal requires precise molecular regulation of proliferation in component cells that is, consequently, prey to corruption by environmental and mutational factors. It is, therefore, no surprise that the majority of cancers originating in epithelial tissue are due to somatic mutations that deregulate the molecular constraints on cell pluripotency and proliferation (Lawrence et al., 2013; Tomasetti and Vogelstein, 2015; Vogelstein and Kinzler, 2015).

Manmade compounds (xenobiotics) can access the human body *via* multiple routes, each modifying the risk of cancer (Sakita et al., 2017; Uyemura et al., 2017). This requires that the increasingly large number of chemicals whose cancer-causing effects remain unknown should be taken into account while discussing the impact of environmental factors on CC risk (Guha et al., 2016). Indeed, most pesticides might have endocrine-disrupting and metabolic effects, as well as bio-accumulating in the human body (Irigaray and Belpomme, 2010; Soto and Sonnenschein, 2010; Walker and Gore, 2011; Ellsworth et al., 2015; Espin Perez et al., 2015; Maqbool et al., 2016). It means that irrespective of whether pesticides interact at low levels and may increase the risk of cancer, their activity does not need to be simultaneous or continuous. Combining several exposures to different pesticides at multiple time-points could, thus, induce far greater cancer-related effects than single compound effects in humans (Goodson et al., 2015).

The massive number of modern xenobiotics has made it almost impossible to determine what their precise impact on human cancer risk is (Bouvard et al., 2015; Goodson et al., 2015). For instance, a research group analyzed 6000 human-made compounds and found that 16.3% of those chemicals were pesticides, from which less than 1% had been investigated in the context of

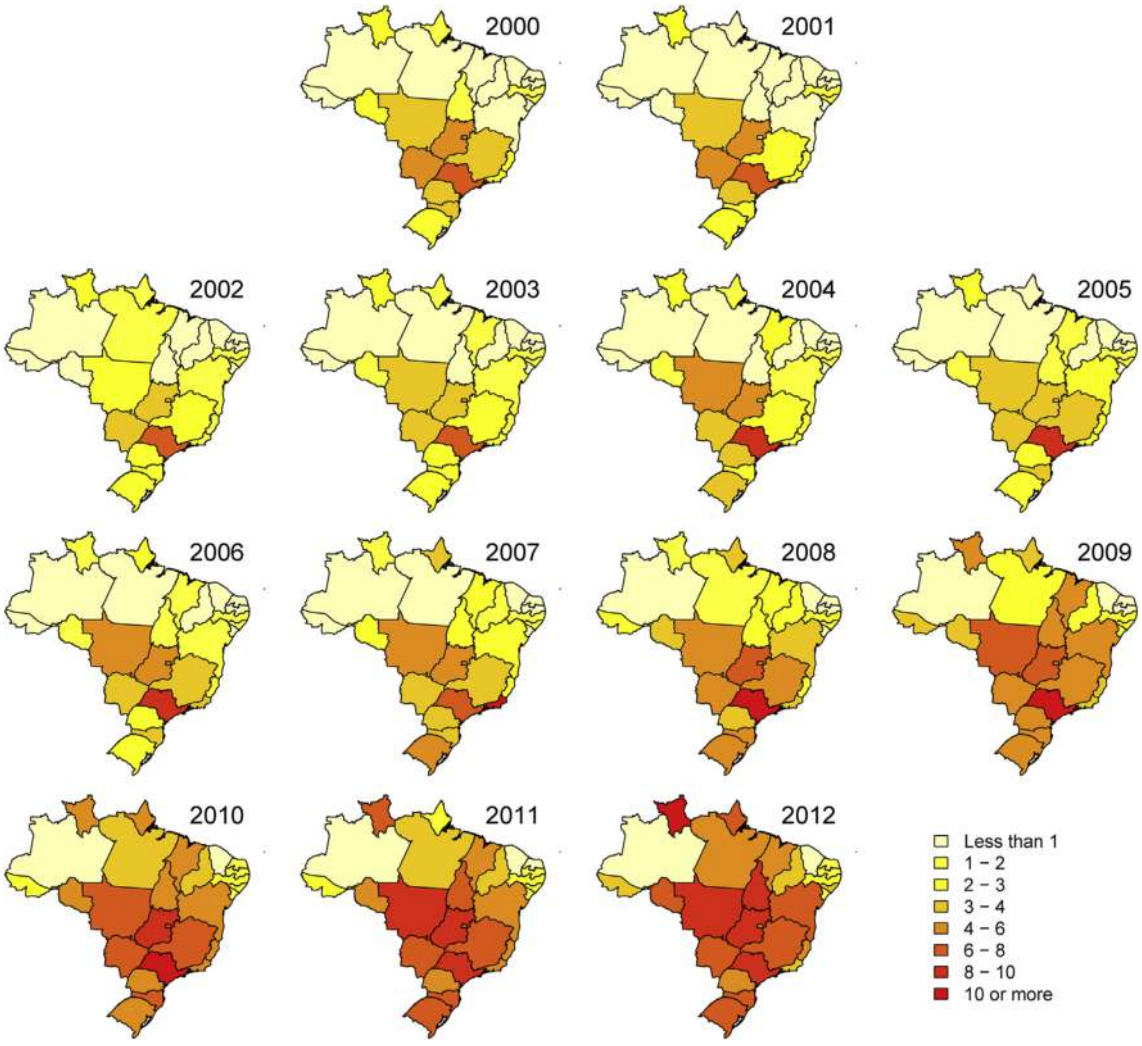

Fig. 3. Heatmaps show the amount of sold pesticide recorded in each Brazilian state by total cultivated area (1000 x tonne/hectare) from 2000 to 2012.

cancer (Guha et al., 2016). Alavanja and colleagues studied the effects of 50 commonly used pesticides in 56,813 pesticide applicators and found a potential relationship between exposure to chlorpyrifos and aldicarb with the incidence of colorectal cancer (CRC) (Lee et al., 2007). A meta-analysis study suggested that aldicarb could increase CC risk, imazethapyr may promote cancer risk in the proximal colon region, and CRC risk was probably enhanced by exposure to pendimethalin, chlorpyrifos, chlordane, or toxaphene (Alexander et al., 2012). Considering the complex CC etiology together with the small number of epidemiological and experimental data correlating CC development with the environmental pollution by pesticides, it becomes clear that further efforts are required to clarify this matter.

In Tunisia, foodstuffs containing pesticides were suggested to increase the risk of breast cancer in women (Arrebola et al., 2015). Different Brazilian research groups have reported high-pesticide levels in human milk in the country (Matuo et al., 1992; Beretta and Dick, 1994; Dorea et al., 1997). Pesticide levels in bovine milk have been reported to exceed safety standards in the Midwest region of Brazil (Avancini et al., 2013). Then, public data from the Brazilian National Health Surveillance Agency (Anvisa; http://portal.anvisa.gov.br/en/programa-de-analise-de-registro-de-agrotoxicos-para) show that 20% of food samples analyzed between 2013 and 2015 were unsafe for human use. In 2013, Meyer and colleagues revealed that pesticide exposures could be related to increased non-Hodgkin's lymphoma mortality found in Brazil (Boccolini Pde et al., 2013). Koifman and colleagues hypothesized that cancer-related mortality in Brazilian farm workers could be related to their exposure to pesticides from 1979 to 1998 (Meyer et al., 2003). Meyer and colleagues suggested that the amount of pesticides selected in 1985 could be related to breast, prostate, and ovarian cancer mortality ten years later (Koifman et al., 2002). In Martinique, pesticides increased the risk of prostate cancer (Landau-Ossondo et al., 2009). In South-Korea, pesticides increased CC risk (Fonnum and Mariussen, 2009; Yi, 2013). Indeed, high-pesticide serum levels were detected in CC patients in Egypt (Soliman et al., 1997). In rats, pesticides increased the risk of CC (Hong et al., 2017). Then, another research group suggested that pesticides might increase CC risk by promoting inflammation in the colon (Tellez-Banuelos et al., 2016).

Although there has been some evidence that pesticides could be a risk factor for CC (Soliman et al., 1997; Lee et al., 2007; Fonnum and Mariussen, 2009; Alexander et al., 2012; Yi, 2013; Hong et al., 2017), other limitations in studying the effects of these chemicals in cancer have to be considered. Carcinogenic effects of human-made pollutants usually require protracted exposure to be detectable. For instance, asbestos-related effects increasing lung mesothelioma have been reported to take over 63 years to develop

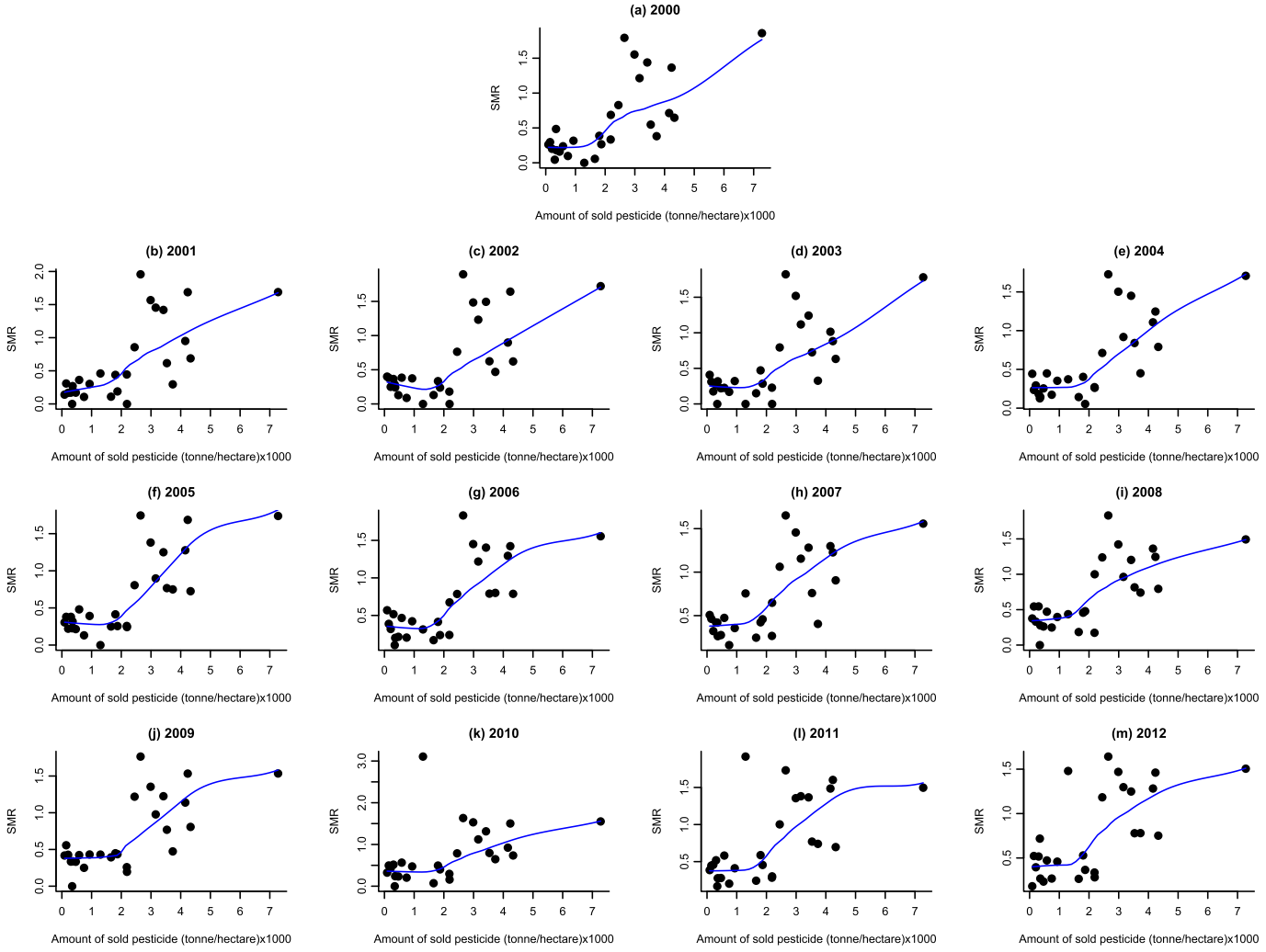

Fig. 4. Scatterplots of the relationship in the Brazilian male population between SMR values and the amount of sold pesticide recorded in each state of the country by total cultivated area (1000 x tonne/hectare) from 2000 to 2012.

(Hodgson et al., 2005). However, we should also consider that asbestos on its own has an established effect in promoting this type of malignancy in the lungs (Hodgson et al., 2005), while the complex activity and interactions of multiple pesticides in different types of cancer makes it almost impossible to suggest which pesticide directly increases CC risk in the human population. Moreover, other confounding factors could also have similar mechanisms of promoting CC risk. For instance, dietary factors seemed to be one of the main risk factors promoting this disease in humans (Sakita et al., 2017). Notably, a 10% increase in the intake of ultra-processed food elevated by 10% the cancer risk in humans (Fiolet et al., 2018). In Brazil, the risk of developing CRC was related to the high consumption of meat (Angelo et al., 2016). Here, we should also consider that human food sources have been suggested to be contaminated by pesticides in Brazil (Matuo et al., 1992; Beretta and Dick, 1994; Dorea et al., 1997; Avancini et al., 2013; Uyemura et al., 2017). This scenario is quite severe since some types of food with known carcinogenic potential could have a more hazardous effect if they contained pesticides in their composition. Indeed, we do not claim to have found that pesticides cause CC mortality in Brazil, but current evidence should not be ignored and requires further study.

Nevertheless, from our perspective, the CC mortality rates in the Brazilian state Amapá, located at the North region of the country, seems to be an outlier. CC-related death numbers varied from the lowest to the highest rates in the country by 2005. This increase reversed over the subsequent period. Lima and Queiroz analyzed the Brazilian death registry system and found that completeness of death registration in this state was one of the poorest in the country (Lima and Queiroz, 2014). Hence, we advise future studies to carefully consider this matter while investigating mortality rates during this period in that Brazilian state.

5. Conclusion

We believe that protracted exposure to pesticides may be a potential risk factor for CC. This fact requires urgent attention from the Federal Government monitoring the exposure of Brazilians to such chemicals. Whereas authorities must oversee the activity of multinational agrochemical and agricultural biotechnology corporations, as well as pesticide usage in agriculture, farmers should be informed by awareness programs to improve their product quality without harming the human population with high pesticide residue levels in the environment and food.

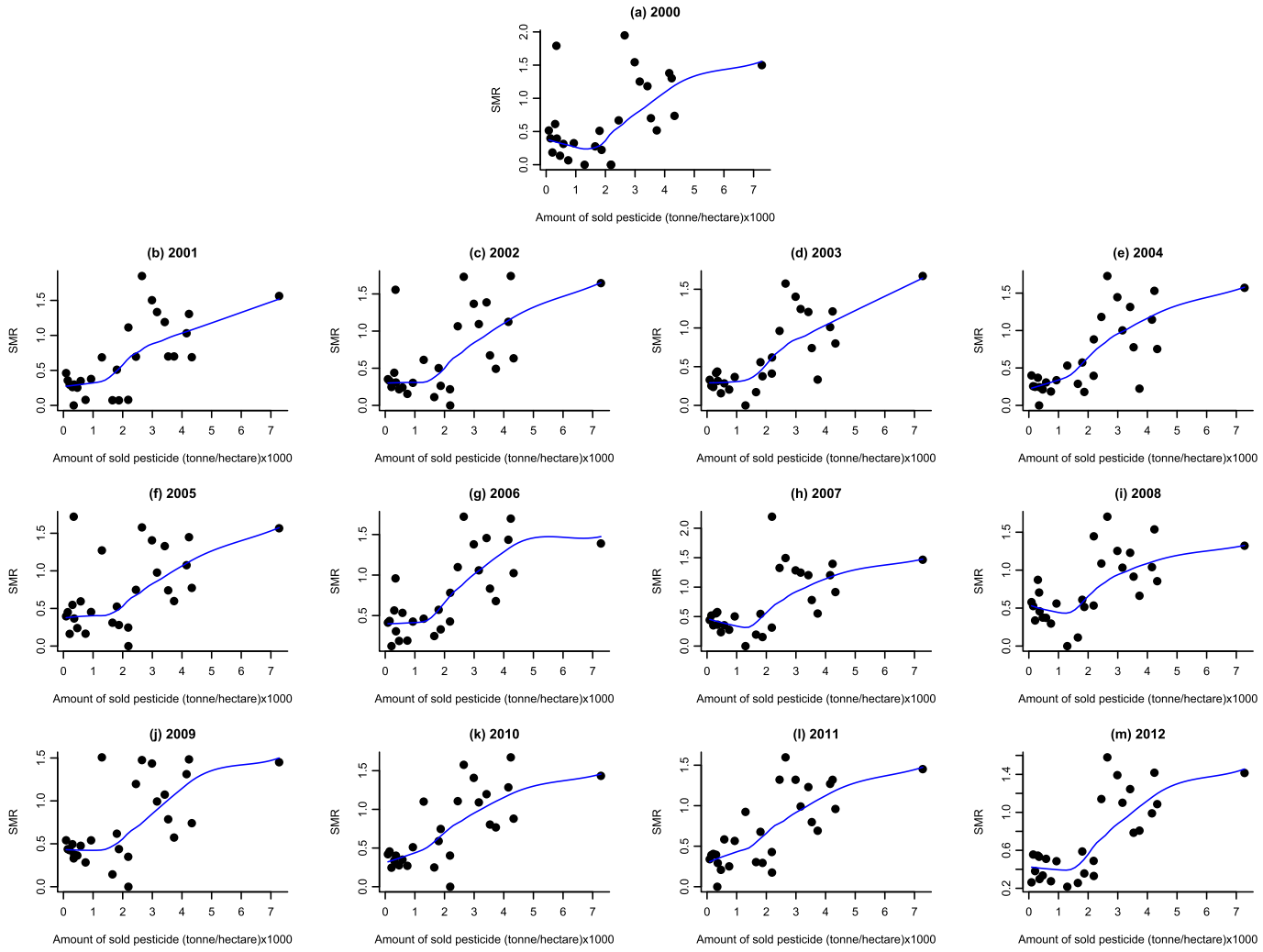

Fig. 5. Scatterplots of the relationship in the Brazilian female population between SMR values and the amount of sold pesticide recorded in each state of the country by total cultivated area (1000 x tonne/hectare) from 2000 to 2012.

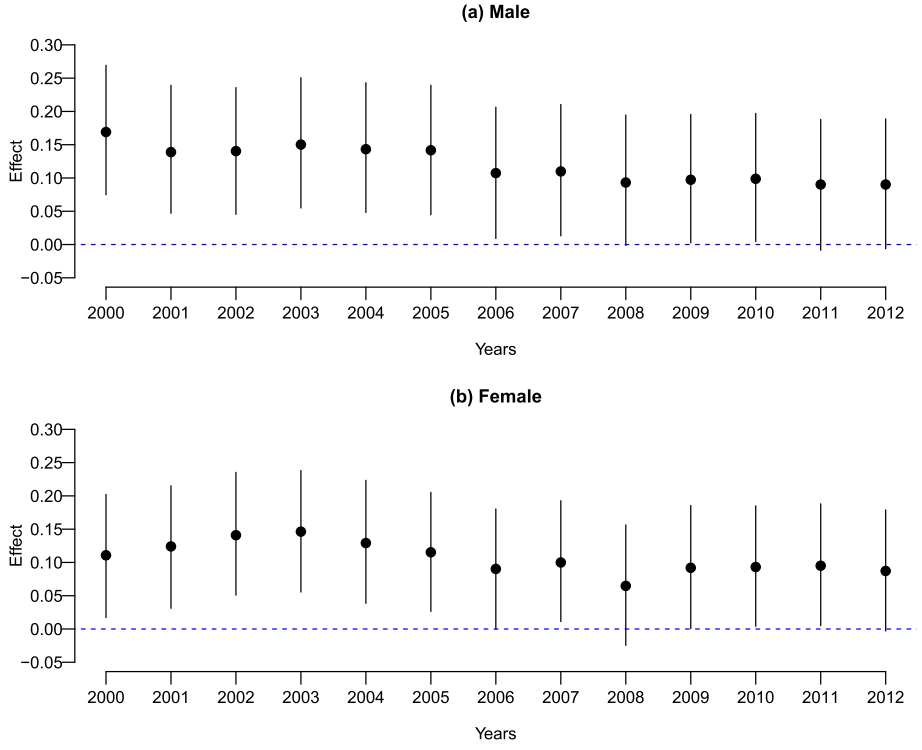

Fig. 6. Credible intervals for the effects β_{st} of the amount of sold pesticide on the SMR values for each year (t) and gender (s), obtained from the Bayesian spatiotemporal regression models.

Conflicts of interest

The authors disclose that no competing interests exist.

Authors' role

Study concept and design: VK; Acquisition of data: VK and EZM; Statistical analysis: EZM; Analysis and interpretation of data: All; Drafting the first version of the manuscript: FLM and VK; Critical revision of the manuscript: All; Obtained funding: VK; Study supervision: FLM, EZM and VK.

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